

Human Services invites you to

Take your brain health
into your own hands!



This unique touch screen computer program is designed to engage aging adults with mentally stimulating exercises to improve quality of life and to maintain brain health.

- Free to use
- No computer skills necessary
- Fun, easy to follow instructions
- Questions are tailored to your interest and hobbies
- Use once a month or up to once a day
- Contact Creekside for more information and/or to sign up

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